



Smart Start FOCUS Packet

Mental Health Matters

Mental Health America: Children's Mental Health Matters

http://www.mentalhealthamerica.net/sites/default/files/BACK_TO_SCHOOL%202014_Childrens_Mental_Health_Matters_Smaller.pdf

Harvard University: Early Childhood Mental Health

<http://developingchild.harvard.edu/wp-content/uploads/2015/05/InBrief-Early-Childhood-Mental-Health-1.pdf>

Vanderbilt University: Infant Mental Health and Early Care and Education Providers

http://csefel.vanderbilt.edu/documents/rs_infant_mental_health.pdf

The National Child Traumatic Street Network: How is Early Childhood Trauma Unique?

<http://www.nctsn.org/print/book/export/html/138>

Zero to Three: Tips for Promoting Social-Emotional Development

<https://www.zerotothree.org/resources/225-tips-for-promoting-social-emotional-development>

Vanderbilt University: Teaching Your Child to Identify and Express Emotions

http://csefel.vanderbilt.edu/documents/teaching_emotions.pdf

Georgetown University: Social Emotional Tips for Families with Infants

http://www.ecmhc.org/documents/CEMHC_Tips_Infants_Parents_2.pdf

Georgetown University: Social Emotional Tips for Families with Toddlers

http://www.ecmhc.org/documents/CEMHC_Tips_Toddlers_Parents.pdf

Project LAUNCH Briefing Sheet

<http://www.smartstartalabama.org/alabama-project-launch>