






# Try CDC's FREE *Milestone Tracker* app today...

*Because milestones matter!*

-  Milestone checklists for 2 months to 5 years
-  Summary of your child's milestones
-  Activities to help your child's development
-  Tips for what to do if you have concerns
-  Appointment reminders








[cdc.gov/MilestoneTracker](https://cdc.gov/MilestoneTracker)



Now available in Spanish!

# Try CDC's FREE *Milestone Tracker* app today...

*Because milestones matter!*

-  Milestone checklists for 2 months to 5 years
-  Summary of your child's milestones
-  Activities to help your child's development
-  Tips for what to do if you have concerns
-  Appointment reminders



[cdc.gov/MilestoneTracker](https://cdc.gov/MilestoneTracker)



Now available in Spanish!